



Pathfinders is a local non-profit in the Roaring Fork/Grand Valley that supports those with cancer, serious illnesses and all kinds of grief and loss. Pathfinders provides individual counseling and group therapy services. We also have a group of local volunteers who make home cooked meals for those who are going through cancer treatment or who can otherwise not make their own meals. Our goal is to be a support during life's hard times.

### COUNSELING SUPPORT

We have nine counselors we contract with to provide the counseling services. Each counselor has a local private practice with particular specialties. The counseling is low cost, but we do ask for a co-pay based on what each person can afford. We never want money to get in the way of the mental health services we provide. Serious illness and grief and loss take a huge toll on the emotional system, especially the heart. Our goal is to be a safe haven as well as a place to learn new tools for coping with the issues at hand.

### SCHOOL-BASED COUNSELING SERVICES

Five of the Pathfinders counselors go to local schools from Aspen to Rifle. They work with children of all ages, providing free individual and group counseling. Grief and loss are complicated issues. With limited resources and time, school counselors often call upon Pathfinders to fill the gap. This year, we have offered to support our schools in the areas of grief and loss surrounding death, suicide, deportation, divorce, cancer and adoption. As one school counselor offered, "Our school has experienced a huge amount of death and our students have been impacted greatly. Knowing that we can call Pathfinders to run a group or meet with a child individually is an invaluable and important service. We are deeply grateful for Pathfinders."

### PATHFINDER ANGELS

Pathfinders has over 75 locals who volunteer their time to make and deliver meals, walk dogs, and do manual labor for those in need in our Valley. We bring meals to those going through cancer treatment, as well as those suffering from Parkinson's and other debilitating conditions.

One of our Carbondale area clients who receives meals said, "I'm not sure what I would do without these meals and the companionship the Angel volunteers provide me. I am not able to use my hands very well and there are no other services in my area to help me with meals. I am deeply grateful for their support. These people are true Angels."

### CAREGIVER SUPPORT

Being a caregiver for a loved one can be very challenging. It takes a special person, and many times the caregiver feels very alone and emotionally exhausted. Pathfinders provides caregivers support in the way of meals and free/low cost counseling. It is important to provide caregivers with a safe place to work through their emotions and to develop skills in coping with the trials of caregiving.

### SERVICE-LEARNING

This year, Pathfinders worked with three sixth grade classes at Aspen Middle School for their *Service-Learning Week*. The students took the week to learn about Pathfinders and the clients we support, as well as preparing homemade meals, making blankets, flower pots and salt scrubs to give to those in need. Some of our clients came in to talk with the kids about how our services helped support them and the community at large.

We've also spent a morning with eighth graders at Aspen Country Day School talking about the importance of service and the Pathfinders' mission. One of our clients came to talk with them about the importance of the counseling services provided following his loss. The students also prepared home-made granola for our clients.



# SPONSORSHIP LEVELS

**PRESENTER \$10,000** **The Great Gatsby:** Includes ALL the benefits listed below, PLUS . . .  
You'll receive prominent recognition in all announcements, promotional materials and race day displays

LEVEL BENEFITS	PLATINUM \$5,000 Cinderella & Prince Charming	GOLD \$2,500 Beauty & The Beast	SILVER \$1,500 Gone with the Wind	BRONZE \$1,000 Romeo & Juliet	FRIEND \$500 The Titanic
Your name on a promo card and race-day banner	♥	♥	♥	♥	♥
Your name on the official race T-shirt	♥	♥	♥	♥	
Your name at the water stations along the course	♥	♥	♥		
Prominent placement of your name on the banner at the start/finish line	♥	♥			
Prominent recognition in all press releases before and after the race	♥				

Pathfinders, PO Box 11799, Aspen, CO 81612  
Pathfinders is a 501 (c)(3) non-profit. All donations are tax deductible.



# SPONSORSHIP FORM

## Yes, I would like to support the Pathfinders 5k Run/Walk!

I recognize that my contribution will help support counseling and volunteer services for those in the Roaring Fork Valley coping with illness and grief and loss.

I understand that my sponsorship pledge (indicated below) will be made to Pathfinders no later than December 31, 2019.

<input type="checkbox"/>	<b>PRESENTER \$10,000</b> The Great Gatsby
<input type="checkbox"/>	<b>PLATINUM \$5,000</b> Cinderella & Prince Charming
<input type="checkbox"/>	<b>GOLD \$2,500</b> Beauty & The Beast
<input type="checkbox"/>	<b>SILVER \$1,500</b> Gone with the Wind
<input type="checkbox"/>	<b>BRONZE \$1,000</b> Romeo & Juliet
<input type="checkbox"/>	<b>FRIEND \$500</b> The Titanic

SPONSOR NAME (i.e. Business, Individual, Anonymous)

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ADDRESS

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CITY | STATE | ZIP

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Please return form and contribution payable to: **Pathfinders, PO Box 11799, Aspen, CO 81612**

## Thank you so very much for making our work possible!



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