

FEEL THE EASE & FLOW ON THE COLORADO

2025 SUMMER RIVER RETREATS



pathfinders

www.pathfindersforyou.org

PATHFINDERS RIVER RETREAT REGISTRATION

Please fill out and email to: Lisa Moretti at: wildgeeseljm@gmail.com

Name Age

Phone Email

Physical Address

Emergency Contact Name Phone

Allergies

Medications

Dietary Restrictions

Past Pertinent Medical History

COVID 19 Vaccine Received? Yes No

Thank you for trusting us on your grief journey.



PATHFINDERS RIVER RETREAT QUESTIONNAIRE

Please fill out and email to: Lisa Moretti at: wildgeeseljm@gmail.com

1. What is the grief/loss you have experienced/are experiencing?

2. How long ago did this loss happen?

3. What is your biggest concern currently in your life regarding your grief?

4. How can we support you on this journey?

5. Is your primary intention to process your grief in nature or to simply enjoy the healing environment of nature (while still staying present with your grief)?

6. Is there anything about your grief you would like us to know prior to the retreat?

Thank you for sharing.



PATHFINDERS RETREAT GEAR LIST

We are headed to the high desert in the middle of the Summer. The weather will most likely be quite hot and sunny, but should cool down nicely towards evening. Lightweight clothing (cotton is fine) is great sun protection and can also be dampened to help keep you cool.

Please bring **all** the sun-protection clothing mentioned in this list. Thrift stores are great places to find some of the items you'll need. The section of the river we will be floating is very flat with little splashing.

- Face mask
- Water bottle (with clip)
- Sunglasses (with cord)
- Sun hat
- Sleeping bag and pad
- Pillow
- Tent (or pre-arranged space in another person's tent)
- Lightweight long pants (for sun and/or bug protection)
- Lightweight long sleeve shirt (for sun and/or bug protection)
- Swimsuit
- T-shirts
- Shorts
- Underwear
- Raincoat
- Rain pants (optional)
- Fleece or sweater
- Sandals, water shoes, or tennis shoes (for use in the raft)
- Shoes for land (you won't need hiking boots)
- Socks (one pair that can get wet if used as sun protection)
- Bandana or sun protection for your neck (optional)
- Toilet kit (toothpaste, toothbrush, lotion, etc.)
- Flashlight and batteries
- Sunscreen
- Insect repellent
- Reading glasses, spare prescription glasses, or contacts
- Camera (we will provide a dry box to protect it)
- Book (optional)
- Folding chair (if you have a favorite)
- Personal snacks (optional)
- Personal coffee/tea mug
- Games (chess, hacky sack, frisbee, cards, etc.)
- Life jacket (Class III or higher if you have one you like.) We do provide life jackets.
- Dry bag or duffel (if you have one.) We do provide dry bags for clothes

For any questions about gear, please feel free to contact your guides:

Lisa Moretti 970 456-2769 or Mike Podmore 970 274-8730



COVID-19 LIABILITY WAIVER

I acknowledge the contagious nature of the Coronavirus/COVID-19 and that the CDC and many other public health authorities still recommend practicing social distancing.

I further acknowledge that PATHFINDERS has put in place preventative measures to reduce the spread of the Coronavirus/COVID-19.

I further acknowledge that PATHFINDERS cannot guarantee that I will not become infected with the Coronavirus/Covid-19. I understand that the risk of becoming exposed to and/or infected by the Coronavirus/COVID-19 may result from the actions, omissions, or negligence of myself and others, including, but not limited to staff, and other clients and their families.

I voluntarily seek services provided by PATHFINDERS and acknowledge that I am increasing my risk to exposure to the Coronavirus/COVID-19. I acknowledge that I must comply with all set procedures to reduce the spread while attending my trip.

I attest that:

- I am not experiencing any symptom of illness such as cough, shortness of breath or difficulty breathing, fever, chills, repeated shaking with chills, muscle pain, headache, sore throat, or new loss of taste or smell.
- I have not traveled internationally within the last 14 days.
- I have not traveled to a highly impacted area within the United States of America in the last 14 days.
- I do not believe I have been exposed to someone with a suspected and/or confirmed case of the Coronavirus/COVID-19.
- I have not been diagnosed with Coronavirus/Covid-19 and not yet cleared as non-contagious by state or local public health authorities.
- I am following all CDC recommended guidelines as much as possible and limiting my exposure to the Coronavirus/COVID-19.

I hereby release and agree to hold PATHFINDERS harmless from, and waive on behalf of myself, my heirs, and any personal representatives any and all causes of action, claims, demands, damages, costs, expenses and compensation for damage or loss to myself and/or property that may be caused by any act, or failure to act of the salon, or that may otherwise arise in any way in connection with any services received from PATHFINDERS. I understand that this release discharges PATHFINDERS from any liability or claim that I, my heirs, or any personal representatives may have against the 501(c)(3) non-profit organization with respect to any bodily injury, illness, death, medical treatment, or property damage that may arise from, or in connection to, any services received from PATHFINDERS. This liability waiver and release extends to the 501(c)(3) non-profit organization together with all owners, partners, and employees.

First Name _____ Last Name _____

Signature _____ Date _____

Vaccines Received? (Please circle) YES / NO



OUTFITTER CONTRACT: LIABILITY RELEASE, ASSUMPTION OF RISK, COVENANT NOT TO SUE OR INDEMNIFICATION

This Outfitter Contract is made and entered into as of the ___ day of _____, 2024, by and between Pathfinders, a Colorado nonprofit corporation that provides grief support services in western Colorado ("Outfitter"), and _____, whose home address is _____("Participant"). Outfitter plans to sponsor a 3-day raft trip on a relatively mild stretch of the Colorado River (known as the Ruby Horsethief section) during the period July/August/September ____- ____ , 2025 in order to create a wilderness grief support experience for participants (hereafter, the "River Retreat"). The undersigned Participant wishes to join the River Retreat, and in consideration of the mutual covenants and agreements hereinafter set forth, Outfitter and Participant understand, acknowledge and agree as follows:

- 1. Outfitter's Federal Employee ID No. is 20-1710899.
- 2. The cost of the River Retreat will be funded by Outfitter, and Participant agrees to arrange for his or her own travel to the river takeoff point.
- 3. Michael Podmore shall be the River Retreat Coordinator for Outfitter.
- 4. The activities of outfitters are regulated by the Director of the Division of Professions and Occupations in the Department of Regulatory Agencies, Section 12-5.5-109(3), C.R.S.
- 5. Outfitter is the holder of a Certificate of Liability Insurance issued by Secura Insurance Companies and Pinnacol Assurance in the amount of \$1,000,000 per occurrence and \$3,000,000 aggregate, with a policy expiration date of 11/11/25.
- 6. Outfitter agrees to provide the following services in connection with the River Retreat:
 - River guiding services for the duration the trip.
 - All river rafting equipment necessary for the trip.
 - All meals for the duration of the trip.
 - Grief support services for the duration of the trip.

7. In consideration of the commitments and agreements of Outfitter set forth herein, Participant expressly understands, acknowledges, and agrees as follows:

- (a) While I know how to swim, various risks and dangers exist in my participation in this Retreat.
- (b) My participation in the Retreat may result in injury or illness including, but limited to, bodily injury, disease, strains, fractures, partial or total paralysis, death, or other ailments that could cause serious disability (collectively, "injuries").
- (c) Injuries may be caused by the negligence of the members, employees, independent contractors or agents of Outfitter (each, a "Releasee"), other participants, or others, or accidents, breaches of contract, forces of nature or other causes, foreseeable and unforeseeable.
- (d) By my participation in the Retreat, I assume all risks and dangers and all responsibilities for injuries, whether caused in whole or in part by the negligence or other conduct of a Releasee or by any other person.
- (e) I have not now, and will not at any time in the future, directly or indirectly, commence or prosecute any action, suit, or other proceeding against any Releasee concerning, arising out of, or in any way related to the River Retreat or any other activities associated therewith.
- (f) I, on behalf of myself, my legal representatives, heirs, and assigns, hereby voluntarily release, waive, discharge, hold harmless, defend and indemnify the Releasees from all claims, suits, or causes of action, demands, costs, judgments or other expenses of any kind (including attorneys' fees) arising out of any damage (property or otherwise) and injuries, wrongful death, loss of services, or otherwise in connection with my participation in the River Retreat, whether or not caused by or arising out of the negligence of any Releasee.

(g) I CERTIFY THAT I HAVE FULLY AND CAREFULLY READ THIS DOCUMENT, THAT I FULLY UNDERSTAND ITS TERMS, AND THAT I HAVE SIGNED IT VOLUNTARILY AND WILLINGLY. THE COVENANTS MADE BY ME IN THIS DOCUMENT SHALL BE BINDING UPON ME, MY SPOUSE, LEGAL REPRESENTATIVES, HEIRS, AND ASSIGNS.

IN WITNESS WHEREOF, the parties have hereunto set their respective hands and seals as of the _____ day of _____, 2025.

Outfitter: Pathfinders, a Colorado nonprofit corporation

By: _____

Allison Daily, Executive Director

Participant: _____

Printed Name

Signature

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