## "My Life: The Last Chapter" Four Workshops in May | Tuesdays in Basalt | Thursdays in Aspen 5:00-6:30pm | FREE

Be the author of your last chapter! Regardless of your age, health, or lifestyle, creating a practical plan of action for the end of life will bring you peace of mind and be an invaluable gift to your loved ones. In this course, we will bring light to the legal and financial tasks and compassion to the physical and emotional challenges that we all face.

## In each workshop, you will complete paperwork and take actionable steps toward end of life planning.

Session 1   Why and How We Must Plan	May 7 at Basalt Library <i>or</i>
Steve Ayers DO, Pitkin County Coroner & Allison Daily, Pathfinders	May 9 at Pitkin County Library
<b>Session 2   Legal &amp; Financial Guidance</b>	May 14 at Basalt Library <i>or</i>
Paul Smith & Ken Ransford PC, <i>Estate Planner</i>	May 16 at Pitkin County Library
Session 3   Choices for End of Life Care	May 21 at Basalt Library <i>or</i>
William Duke MD, Hospice/Palliative Care Physician	May 23 at Pitkin County Library
Session 4   What it Means to Die a Good Death	May 28 at Basalt Library <i>or</i>
Akaljeet Khalsa, <i>Death Doula</i>	May 30 at Pitkin County Library

## My Life: The Last Chapter

15 OF T T T



A Project of the Pitkin County Senior Services Advisory Board Contact: 970-920-5432



PITKIN COUNTY Calibrary inspire lifelong ) learning

LEEPS OF FEFEEE 7 OF F

